Northern California Speedskating Association

Training session starts from July/15/2025 to Dec/18/2025

Holiday arrangement with no training: Thanksgiving week

NCSA Membership fee \$120 is due on July 15, 2025 for the period from July 1, 2025 to June 30, 10% discount on membership fee for the 2nd or more members from the same family. Membership fee is not refundable nor transferrable, even among the same family. Drop in skaters also are required to be NCSA members.

US Speedskating membership is required pay separately via (https://www.usspeedskating.org/). **No exception**. Drop in needs to apply for trial membership.

All Payments are due upon enrollment.

Training time and location:

Tuesday: 5:00pm to 7:00 pm. Dryland. Location Santa Clara/Sunnyvale.

Thursday. 4:00pm to 6:30pm. Ice + Dryland Location: San Jose Sharks, Orange Rink

Saturday. Sharks Ice Oakland $4:00 \text{ PM} \sim 7:00 \text{ PM}$ --coach may substitute ice with dryland. This session's time may be adjusted to another time based on the on-going discussion with Sharks Ice. NCSA asks everyone for max flexibility for Saturday enrollment.

Sundy. 10:00am to 1:00pm. Dryland + Ice. Location: San Jose sharks, White Rink

Speedskating Training Fees (per skater) *

| Plan | Price per session | Mandatory Day(s) | Notes |
|------------------|-------------------|------------------|-----------------------|
| 1 class / week | \$50 | None | Sat and Sun are |
| | | | Beginner friendly |
| 2 classes/ week | \$45 | Thursday | |
| 3 classes / week | \$40 | Thursday | |
| 4 or more | \$36 | Thursday | |
| classes/week | | | |
| Drop-in | \$65 | Coach approval | Request ≥ 24 h in |
| | | | advance; coach may |
| | | | cancel if class size |
| | | | exceeds safety limits |

The 2^{nd} or more skaters from the same family have a 10% discount on the tuition fee.

Tuition fees are not refundable nor transferable.

Late Enrollment:

- Coach fee will be prorated. An additional 5% charge applies to returning members who enroll on or after September 1st. The 5% charge doesn't apply to new memberships who join the training in the middle of the session.
- Full charge of Thursday Ice rink fee to returning members. Exception is given to new memberships.

Ice Fee

Thursday: \$35 per class and pay to NCSA (subject to change with advance notice). Thursday Ice fee is non-refundable, non-transferrable, non-creditable.

Saturday or Sunday: pay directly to ice rink.

Make-Up Sessions

- Available only to 3 or more classes/week skaters*.
- For eligible skaters, make up allowance is given 1 time per month and has to be used in other available classes before the same session ends. Any unused make up opportunities will expire at the end of the session. Use it or lose it (no carry-overs)
- The tuition fee credits from the prior training session ends on June 15, 2025 will still be honored and applied for this session only for eligible skaters. And no more tuition fee credits will be given starting July 15.

Force majeure

Under circumstance of unexpected situations, such as severe weather, coach unavailable/sick, or ice rink cancellation or close, NCSA will do the best to rearrange the missed class, and the training on ice could be substituted with dryland training. If the missing class cannot be made up, tuition fee credit will be given to students who are enrolled in such class for next session.

If any such unexpected situation happens, NCSA will inform skaters ahead of the training class when the situation allows, via NCSA whatsapp group and wechat group.

Referral Credit

Refer a new skater who registers for at least one training session, and both you and
the new skater receive one class credit. Credit can be applied in the current session
or the next following session. Different families cannot refer the same skater. Same
skater can only be referred once with one maximum credit given.

Video Feedback from Coach

| Enrollment | Frequency | |
|--------------------------|---|--|
| 1 class / week | 1 video every 2 months (≈ after 8 sessions) | |
| 2 classes / week or more | 1 video per month | |
| Drop ins | No video | |

Communication

- Email or text anytime to Coach Kim for your questions about training plan and speedskating related topics.
- Email or text anytime to Yanan Wang for your attendance, leave or other schedule questions.
- Athletes keep a weekly/bi-weekly training log to discuss progress. (Detail plan will be distributed separately)

Skate Blade Maintenance & Equipment (NCSA member only)

| Service | Rate | Turnaround | Note |
|-------------|------|------------|--------------------------------------|
| Sharpen & | \$30 | 1 day | |
| inspect | | | |
| Boot-only | Free | Donate to | Install existing blades to new boots |
| replacement | | NCSA | |
| New blades | \$70 | 2-3 days | Rock, Bend and Sharpen |
| prepare | | | |

Monthly Blade-Maintenance Subscription (NCSA member only)

| Skating Plan | Regular Cost | Subscription | Net Monthly Cost |
|-------------------|-------------------|--------------|------------------|
| | | Discount | |
| 1 session / week | \$30 × 4 = \$120 | - \$20 | \$100 |
| 2 sessions / week | \$30 × 8 = \$240 | - \$30 | \$210 |
| 3 sessions / week | \$30 × 12 = \$360 | - \$40 | \$320 |

^{*}Discount is applied to the monthly total, not to each individual sharpening. *

Why the discount is applied to your total bill, not to each visit:

Sharpening speed-skating blades is delicate, precision work. The more often a pair is serviced, the finer the adjustments and inspections, adding time and craft to every session.

Additional equipment

- 1. Skating board (used on Sunday training)
 - a. TBD
- 2. Balance disk
 - a. https://a.co/d/3095PXo
- 3. Cut resistance suit
 - a. group order. Price TBD due to tax war.
- 4. Boots and blades
 - a. Entry level city Run TBD due to tax war
 - b. Mid and high end SD and SD Best Feel TBD due to tax war

* Prices effective July 2025.

Enrolled skaters must be NCSA membership and US Speedskating membership. And Enrolled skaters must accept the waiver and code of conduct of NCSA.

*Tuition: Senior/Advance Skater who helps lead and support the kids on the ice will receive a discount. The work will be tracked and evaluated by the coach.