

NORTHERN CALIFORNIA SPEEDSKATING ASSOCIATION



*Promoting a Healthy Lifestyle
Sports for Life through Speedskating*

NCSA promotes speedskating as a healthy activity in a family-oriented environment.

Dues and donations are used by NCSA to provide the following:

- Club membership in US Speedskating, which allows NCSA to sanction local races
- Safety pads, blocks, buckets, lockers
- Local racing program: race equipment - timers, lap counter, starting equipment, awards and certificates, electronics, subsidized ice costs
- Rental skates, maintenance, sharpening
- Club Liability Insurance as required by the ice rinks

NCSA volunteers provide:

- Organized speed sessions: a safe place to practice and train for competition since 1988
- Races and Officiating at races
- Certification for race officials and coaches
- Coaching at the Learn-to-Speedskate program since September 2009
- New Skater Support: equipment recommendations, skate setup
- NCSA Web Site and news group: skating news, want ads, race entry forms
- Race Database: race results and progress tracking

US Speedskating-certified coaches have fulfilled these requirements:

- US Speedskating training programs
- Concussion awareness course
- First Aid, AED and CPR renew every 2 years
- Safesport online course
- Background check
- Sport science online course

NCSA is a 501(c)(3) nonprofit charitable organization, incorporated in the state of California.

NCSA follows these guidelines, recommended by the United States Olympic Committee, to promote a healthy and active lifestyle while helping athletes reach their full potential:

- Universal access for opportunity for all athletes
- Developmentally appropriate activities that emphasize motor and foundational skills
- Multi-sport or multi-activity participation (i.e. cross-training)
- Fun, engaging and progressively challenging atmosphere
- Quality coaching at all age levels

NORTHERN CALIFORNIA SPEEDSKATING ASSOCIATION
WAIVER AND MEMBERSHIP REGISTRATION FORM

Membership expires June 30

Dues: \$40 per person, or \$60 per family

1st Year Introductory Rate: \$20 per person

INDIVIDUAL (OR FAMILY) NAME: _____

ADDRESS: _____

CITY: _____, CA ZIP: _____

PHONE: _____ CELL PHONE: _____

E-MAIL ADDRESS(ES): _____

DATE: _____ DUES SUBMITTED: _____ ADDITIONAL TAX DEDUCTIBLE DONATION: _____

I, the undersigned, do hereby for myself, my heirs, administrators, executors and assigns, waive and release any and all rights and claims for damages I may have against the Northern California Speedskating Association (NCSA), its officers and member clubs, and/or the owners of any property which may be the site of any contest or event, agents, representatives, members, successors and/or assigns, for any and all damages which may be sustained or suffered by me in connection with and/or arising out of my traveling to, participating in, and returning from said contests or events”.

FAMILIES: PLEASE COMPLETE INFORMATION FOR EACH FAMILY MEMBER:

Member #1 _____ Signature*: _____

Date of Birth: _____ Gender: _____ Circle one: Skater / Coach / Official / Non-Skater

Member #2 _____ Signature*: _____

Date of Birth: _____ Gender: _____ Circle one: Skater / Coach / Official / Non-Skater

Member #3 _____ Signature*: _____

Date of Birth: _____ Gender: _____ Circle one: Skater / Coach / Official / Non-Skater

Member #4 _____ Signature*: _____

Date of Birth: _____ Gender: _____ Circle one: Skater / Coach / Official / Non-Skater

Member #5 _____ Signature*: _____

Date of Birth: _____ Gender: _____ Circle one: Skater / Coach / Official / Non-Skater

Member #6 _____ Signature*: _____

Date of Birth: _____ Gender: _____ Circle one: Skater / Coach / Official / Non-Skater

*(Parent or Guardian must sign if applicant is under 18 years of age)