

On The Edge



November 1996

RACE ENTRY FORM PAGE 3

This is the busy time of the race season,

Results for the Dec. 21 race in Berkeley are in this issue, plus the race entry form for the Jan 4 race in San Jose.

Happy New Year. Keep those edges sharp. Stay healthy!

RACE, SATURDAY January 4

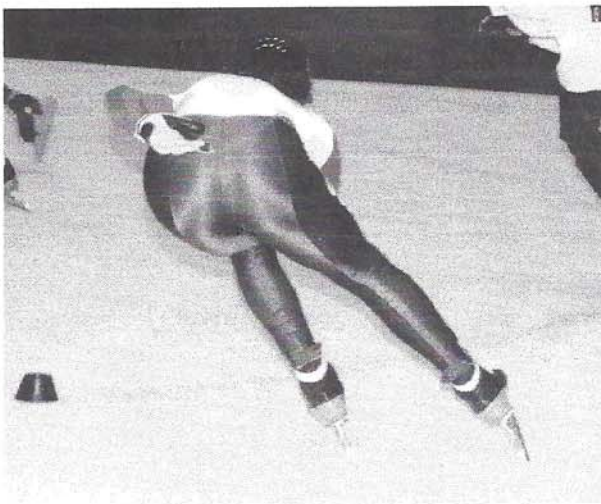
PLEASE MAKE NOTE OF THE ICE TIMES!!
OAKLAND SESSIONS START AT 8:00 AM SHARP!!
OAKLAND: SATURDAYS 8:00 A.M. TO 9:15 A.M.

Good luck to skaters going to the USISA National Junior Team Trials

John Meyer and Jeff Hsieh are off at the USISA National Junior Team trials in Milwaukee, Wisconsin, at the Petit Center Dec. 30, 1996. The first event is a 9 lap time trial. If they finish in the top 16, they get to go on to the pack-style competition that determines the national junior team. After the competition, skaters are ranked based first upon total final points, secondly on skaters who competed in a final but earned 0 points, then by performance points. See the "Racing Blade" for more information. This is a great experience for Jeff and John. Good Luck!

1996 Ends

Thanks to Sara Elliot, national team member, for these glamour shots showing hip and leg position while cornering, and to Jerry Search for the pictures.



Update Your Email, Fax Numbers

In order for us to update your fax and email address (for race results and quick notices) please send us a fax at 510 886-4136 with your fax number on it and/or email to gregw@sbei.com.

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Editorial:**Pad Etiquette - again**

by: Mary Wong

The crew putting the pads away at Oakland works like a machine, usually with eight or more people helping. There are still NOT enough people helping put pads away after skating at BERKELEY. It seems that, because they are smaller and lighter, once they are over the wall usually only two people stay there to stack them! This job should take three or four people off the ice. Obviously, when a job is shared it's finished faster. It is also difficult to untangle the mess if they are thrown over the wall into a pile. LET'S SEE SOME NEW FACES OFF THE ICE. BRING YOUR SKATE BAG TO THAT SIDE SO YOUR SHOES WILL BE AVAILABLE. If you are reading this and you know you haven't been over the wall to help, now it's your turn.

letters to the editor

note from ed.: The following "letters to the editor" were lifted directly from my e-mail. Please speak to Greg Wong if you have e-mail access and wish to be included on the skaters' e-mail list.

From: HockySkate@aol.com
To: sgw@ix.netcom.com

Mary, we've talked before about getting speedskating info in "Hockey & Skating," but Adlai Karim just faxed over a copy of your "On the Edge" (November 1996) that included your e-mail address, so I thought I would touch base with you again. We have been receiving, and printing, the results of the races that you all have had the past couple of months, but I would like to see if we can't get a bit more information on a regular basis.

Do you know of somebody who might be interested in writing a regular, monthly column on speedskating? If it is general we could use it in both our Northern and Southern California editions each month. Obviously, if it is just about the activities in Northern California, it would just run up here.

I'd appreciate being put on your list to receive On the Edge as it comes out and any help you could give me in coming up with a speedskating columnist.

You can contact me through email; phone (415) 898-5414; snail mail: 701J DeLong Ave., Novato, CA 94945.

Thanks for your help.

Reggie Winner, Editor

From the travels of Haj Sano:

The Jr World ST Championships (Jan. 11-12) were a great success, despite weather related travel problems that prevented some skaters, officials, parents, and friends, from reaching Marquette, MI in a timely manner, or reaching it at all in some cases.

Three straight days of snow closed down the Marquette airport (MQT) on Friday. I wound up renting a car from Chicago/ O'Hare and driving 400 mi/8 hours (640 km), half of it not on freeways, to get there, and back to Chicago.

Three teams did not make it due to the MQT airport closure. I believe they were the French, Swedish and Ukrainian teams. The Japanese parents arrived mid-day Saturday. Parents and fans from Boston drove ten hours from Detroit when their connecting flight to MQT was cancelled.

In all, seventeen countries took part (Australia, Belgium, Bulgaria, Canada, Germany, Great Britain, Hungary, Israel, Italy, Japan, The Netherlands, New Zealand, Poland, The Republic of Korea, Russia, South Africa and the US.) Five Jr. World Records were broken a total of six times.

The Republic of Korea and the US both had excellent results. Both countries placed three of its four skaters on the podium. Canada also did well, with their two men finishing third (tie) and fifth overall, and one of their women finishing fourth overall.

Julie Goskowicz, USA, took third with 7 points. Goskowicz-(1500m semi, 2:30.550), An (500m semi, 46.076), Won (1000m heat, 1:35.256)

Kim Dong-Sung, ROK, won the mens overall with 20 points, sweeping all four finals, all twelve of his races, and setting two Jr. World Records (500m final, 43.491, 1500m super final, 2:19.828.) Rusty Smith, USA, finished second with 7 points. Daniel Weinstein, USA, and Tony Smith, CAN, tied for 3rd. (ed. -see results, pg. 3)

Race dates - updated calendar

2/2 - OAKLAND - groundhog day race-
2/8 - PARAMOUNT
2/15 - BERKELEY-NCSA championship
2/22 - PARAMOUNT- DEMORRA SPRINTS
3/1 - SAN JOSE - STATE CHAMPIONSHIPS

MARCH 14-16

ASU NATIONALS- WEST POINT N.Y

MARCH 28-30

NORTH AMERICANS - EAGAN, MN
ASU AND CANADIAN SKATERS

Time for Spring Cleaning, Do You Have Skate Equipment to Donate or Loan?

from Kristen Temple

We are planning to create a stash of loaner skates, boots, and blades for newcomers to borrow. Hopefully this will largely consist of our members' old equipment, with some new equipment purchased to fill out a range of sizes. We figure it would be smart to see what's available before we order anything new. So we'd like everyone to peer deep into their attics, basements, and closets, find what you can add, and call Kristen so she can create a master list.

We're planning three categories: (1) equipment that's donated to the club (tax deductible!), (2) equipment that is loaned to the club (you label it permanently and can have it back whenever you wish), and (3) equipment that you keep but are willing to loan under special circumstances. So please call Kristen (510-839-0373) and tell us what you have and which category you're willing to put it in. Also, think about equipment you might be replacing for yourself in the next six months or so, so we can plan ahead.

Thanks!!

How To Be A Cheerful Frequent Flyer

From: jerrys@ix.netcom.com (Jerry Search)
 To: sgw@ix.netcom.com
 Saturday, January 11, 1997

Hi, Folks:

Greetings from the land of 10,000 Lakes! Tony Hwang and I are on a tour of the Beautiful Midwest, as guests of United Airlines. Tony decided to use his first free ticket for this trip, and boy is he excited!

On Thursday, we flew to Chicago. After some fun time in the airport, United gave us a discount at a plush hotel near the airport, complete with transportation. The room was only \$80.00 with the discount. What a deal!

Then, on Friday, United flew us up to a wonderful place called Traverse City, Michigan, to have lunch. I have always wanted to see Traverse City because one of the ships I was stationed on in the Navy was named after this place. Funny, I always pictured Traverse City as being grey (like my ship), but it is a beautiful white. We had a nice lunch at the airport restaurant, and then flew back to Chicago.

Later, United gave us another free flight, this time to Minneapolis. Since the day was by then pretty much used up, they drove us to another nice hotel in town for the night. We walked a very long half-block to a neat eating establishment named Billabongs, with an Australian motif. Too bad Sara & Inze were not with us! The snow was beautiful!! This morning, since the wind chill was so low (40-50 below), we had one of those Continental Breakfasts in the hotel. How quaint.

United has planned another exciting day of flying for us today (Saturday). First, it=92s off to Chicago. Then after several hours enjoying the airport fun there, they will fly us back to Minneapolis, and late tonight they plan to fly us to Marquette, Michigan. We should...er, *may*... get into Marquette just after midnight. At least that's what they say.

If you are waiting for video of the Junior Worlds, start checking ESPN or ESPN-2, since they are already in Marquette, and we are NOT!! Funny thing: I have traveled to 3 World Short Tracks in Europe, and all were VERY difficult to get to, taking 24-28 hours each. They were nothing compared to trying to get to this one in my own country. Tony is *real* excited about using his first free United Mileage ticket and getting so many free flights around the midwest!

Jerry

PS: Is there any collectors market for United Boarding Passes?"

(ed. postscript- Jerry said they did not get to the competition until Sunday. Tony was very disappointed. The most exciting races were Saturday, including a 1500 in which, it was reported, a Korean team member tried to pass Dan Wienstein and Rusty Smith with two laps to go, hit both, nearly dislocated Rusty's shoulder and spun Dan backwards. Rusty and Dan were still on their feet, Dan flying backwards down the straightaway face to face with Rusty! The Korean skater in 4th place passed to win, and Rusty got past Dan to take 2nd. The first Korean was DQ'ed. This is why we do agility drills.)



Ron Gonzales executes one-knee down turn during a "high-speed" agility drill. OK, Ron, now put your head on the ice.

Divas Try Short Track, First to Make Use of Loaner Skate Pool

If you were at the session Sunday, Jan. 19, you may have been surprised to see about 45 skaters on the ice. We were visited by the Roller Divas, a group founded by Ana Stubbs and Kelly McCowan. Ana was the one blowing out the candles on a birthday cake.

Kimon led the scramble to see how many pairs of loaner skates and blades could be assembled so the visitors could actually try speed skating on ice. Some of the visitors were impressed enough with our group that they might come back.

The Three Wise Guys, Kimon, Mark Schecter and Kristen Temple were already formulating plans to put together a comprehensive list of loaner skates, and to host "summer camp" type sessions in late spring and early summer. The goal is to: #1. Know what loaner equipment exists, and #2. Attract new skaters who will eventually become core members.

See the article page 4, for more details, taken from Kimon's notes.

Results of the Junior World's competition

Ladies Final Classification

Rank	Name	Country	Points
1	Won Hye-Kyung	ROK	16 (tie)
1	An Sang-Mi	ROK	16
3	Julie Goscowicz	USA	7
4	Marie Eve Drolet	CAN	3
5	Marta Capurso	ITA	1 (tie)
5	Danielle Molendijk	NED	1
7	Caroline Hallisey	USA	0 (tie)

(incomplete - ed.)

Mens Final Clasification -

Rank	Name	Country	Points
1	Kim Dong-Sung	ROK	20
2	Rusty Smith	USA	7
3	Daniel Weinstein	USA	6 (tie)
3	Tony Smith	CAN	6
5	Francois Tremblay	CAN	2 (tie)
5	Yasushi Saito	JPN	2
7	Simone Rodigari	ITA	0
8	Chung Suk-Joo	ROK	-

(incomplete - ed.)

Wise Guys Propose Summer Camps, Ask for List of Loaner Equipment

(from Kimon's notes:)

SUMMER ICE PROPOSAL

GOAL: to find more CORE skaters

- improve equipment loaner pool
- make use of summer ice (two sessions/week)
- improve our presence in skating community

CLINIC INCLUDES:

- loaner boots and blades
- orientation lecture
- specific instruction during the speed session
- dryland imitations and instructions after ice session

FEE: proposed - \$40 per participant. \$20 discount coupons will be offered to target groups of skaters, who will be encouraged to attend as a group, and schedule and pay for "their" camp in advance.

We will try to limit it to 15 participants in each camp, plus those regular ice skaters already attending. This will be manageable for coaches, as well as ensure enough loaner equipment.

REQUIREMENTS: pool of loaner boots and blades

- place to store the loaner equipment
- volunteers to help with coaching
- volunteers to help with the loaner equipment
- volunteer to schedule the "camps" collect payment

POTENTIAL GROUPS TO INVITE:

- Divas(Kelly McCowan); CORA(Dave Miles),
- Team SkatePro; NorCal Skeelers(Rugby Holloway); Eddy
- Matzger to put on a clinic; BAIR(Geoff Farraghan);
- Modesto Speed Club(Rick Babbington); RPX

There are 16 weeks over the spring and summer in which to schedule these camps. Basics are emphasized at the camps. This will not interfere with the regular instruction offered to regular members.

LOANER EQUIPMENT INVENTORY / POLICY

There is no question our membership already has old and unused equipment that could be made available to the loaner pool. Inventory **MUST** be assessed. Once we know where the gaps are, then new equipment purchases can be considered.

A Loaner Policy must be created to ensure safety to the borrowers, and the safe return of the equipment.

An inventory of Boots and blades will be compiled, showing the sizes available, and the quality of the equipment.

Equipment will be labeled showing sizes and quality. i.e.: 38-1 means a size 38 boot of poor quality. 42 X 16.5-3 means a pair of size 42 boots, with 16.5 inch blades that must not be removed, of a medium quality. Skaters participating can arrange to reserve the better quality equipment by paying in advance.

Members who loan equipment may donate it to the club and take a tax deduction, or just make it available when they wish.

Women Try Out For Commercial

The note on Greg Wong's e-mail said that a producer in LA was looking for women in their 20's to be in an ad for Amway products, to be shown only in Japan during the Nagano Olympics. The women would need to speed skate both on and off ice. Barbara Beth, Carrie Medved, Kelly McCowan, Heather Thompson and Lexie Riley auditioned at the Oakland Ice Center on Jan. 13.

If it doesn't net stardom for any of the skaters trying out, at least we got to meet former National Team Member Lexie Riley. Lexie is from the Saratoga club. As soon as she got on the Oakland ice, before we met her, we realized we were watching someone who has had some time on her blades.

She is now living in San Francisco and works in banking, and hopes to be able to join us when her 80-hour-work weeks allow. She was on the National Team in the late 80's.



Kimon looking down the straightaway as he exits the corner.

Results of Salt Lake City Utah Winter Games

Daniel Holloway and Jimmy Sayasane each won his division in the short track meet

Both participated in the long track portion of program though neither have had any experience in long track and they were using their short track equipment. Daniel took 3rd place overall in his division, winning two bronzes, one silver.

Jimmy finished just out of medals, 4th overall with an exceptionally good outing in the 3,000, with a time of 6 min 30 seconds, and remember, this on short track equipment! The long track event was held on the new olympic facilities, an ice sheet open to the 20 degree weather. The high temperature for the day was recorded at a whopping 26 degrees.

Bob Nelson of LA was there with daughter Alyssa, who apparently was not pleased with the most un-LA like weather.

Results from Merced roller race Jan 11, 12

Nicole Matthews - 1st Primary girls
Bobby Matthews - 4th "B" boys (beginner)
Daniel Holloway - 1st Juvenile boys
Sara Sayasane - 1st Elementary girls
Guillermo Morales - 3rd in Elementary boys
Cindy Hsieh - 3-way tie for 2nd place in freshman girls; she got 4th place by tie breaker when she was fouled out by a bad call in one race.

Sunday, February 2, 1997

Ground Hog Day Sprints

When the ground hog sees his shadow, it's
six more weeks till Nationals!

Oakland Ice Center

corner of 17th and San Pablo

8:30 to 10:00 a.m., Check-in: 7:30 a.m.

Format of race to be determined.

Helmets, gloves and long sleeves required.



Saturday, February 15, 1997

Northern California Championships

Berkeley Iceland

corner of Ward and Milvia

5:15 to 7:45 p.m., Check-in: 4:15 p.m.

Format of race to be determined.

Helmets, gloves and long sleeves required.

ENTRY FEES:

(check those that apply)

GROUND HOG SPRINTS \$15 - pre-registered -ASU or NCSA members

\$10 - skaters 17 years and under -ASU or NCSA members

\$20 - pre-registered non ASU/NCSA members

add \$5 late fee for all skaters registering at check-in

Pre-registered entries must be received by Feb. 1, 1997.

NORTHERN CALIFORNIA CHAMPIONSHIPS

\$20 - pre-registered -ASU or NCSA members

\$10 - skaters 17 years and under -ASU or NCSA members

\$30 - pre-registered non ASU/NCSA members (\$10 is applied to
your first-year ASU membership. You will need to provide a copy of your birth certificate.)

add \$5 late fee for all skaters registering on day of race

Pre-registered entries must be received by 9:00 a.m. on Feb. 15, 1997.

\$15

\$10

\$25

\$5

\$20

\$10

\$30

\$5

total -

Entry and Release Form

In consideration of the acceptance of my entry in the above event (check those that apply)

_____ the Ground Hog Sprints

_____ the Northern California Championships,

I hereby for myself, my heirs, executors, administrators and assigns, waive and release any and all rights and claims for damages I may have against the Golden Gate Speed Skaters, Core Member Speedskaters, Oakland Ice Center Skaters, NCSA Flyers, Berkeley Iceland, Oakland Ice Center and the Northern California Speedskating Association, and any of their members, for any and all injuries suffered by me as a result of my participation in said event. This also releases in advance the promoters and sponsors from and against any and all liability arising out of or connected in any way with my participation in said event.

IN WITNESS WHEREOF, I have hereunto set my hand and seal this day:

Applicant's signature _____

Parent/Guardian if under 18 years of age _____

Date _____

Print Name: _____

Age: _____ Male/Female _____

Address: _____
(if new only) number/street apt. # City State Zip

Birth date ____/____/____ Home phone _____ FAX _____

e-mail _____ Association/Club _____

best 500m time this year _____ ASU registration no.: _____

For director only: Helmet no.: _____ Current NCSA/ASU *? _____ ASU membership forms attached? _____ PAID - \$ _____

*If not ASU, then membership will have to be processed through NCSA Membership Secretary.