



# 2016 Masters Camp Registration Form

for Novice - Advanced skaters

**\$275\***

## Personal Information

**UOO Cashier Instructions: Ring Up as an enrollment under 'Speed Skating Camp' Fee is non-refundable**

First name _____		Last name _____		<input type="checkbox"/> Male
				<input type="checkbox"/> Female
Address _____	City _____	State _____	Zip code _____	
Home phone _____	Work phone _____	Emergency contact _____	Phone _____	
Email _____	Age/Grade _____	Date of birth _____		

## Camp Session Dates and Times

Sessions are subject to cancellation or rescheduling at the discretion of the UOO Staff, contact Guest Services for updated information.

### October 26-30, 2016

#### WEDNESDAY, October 26th

Arrival day. Please arrive late-afternoon, early evening.  
 7:30pm-8:30pm Orientation meeting at the Utah Olympic Oval. Room location (World Record Lounge) Early arrivals have the Bonus option of skating the "OPEN SPEED" skating session from 5:30-7pm on the oval before the camp officially begins. (session included in camp registration)

#### THURSDAY, October 27th

8:00am Arrive at Oval  
 8:00am-9:00am Warm up & stretching (group)  
 9am-11am Long Track Ice (drills, explanation and skating)  
 11:00am-11:30am Warm down & stretching (group)  
 12:00-1:00pm Meet the Staff of USS (Lunch Provided)  
 1:00pm-1:15pm Break  
 1:15pm-2:15pm Open Forum  
 2:15-3:00pm Warm up & stretching (group)  
 3:00pm-5:00pm Long Track Ice (drills, explanation and skating)  
 5:30pm-6:00pm Warm down & stretching (group)  
 6:00pm-6:30pm Wrap up discussion  
 6:30pm Dinner on your own

#### FRIDAY, October 28th

10:30am Arrive at Oval  
 10:30am-11:30am Warm up & stretching (group)  
 Choice of: 11:15am-1:15pm Short Track Ice (drills, explanation and skating)  
 OR 11:30am-1:30pm Long Track Ice (drills, explanation and skating)  
 1:30pm-2:00pm Warm down & stretching (group)  
 2:00pm-3:00pm Lunch (on your own)  
 3:00pm-3:30pm Warm up & stretching (group)  
 3:30pm-5:00pm Dry land "Turns" (explanation and exercises)  
 5:00pm-5:30pm Recovery break/prep for ice  
 5:30pm-6:30pm Long Track Ice (drills, explanation and skating)  
 6:30pm-7:00pm Warm down & stretching (group)  
 7:00pm-7:30pm Wrap up discussion  
 7:30pm Dinner on your own

#### SATURDAY, October 29th

7:00am Arrive at Oval  
 7:40am-8:20am Race Warm up & stretching  
 9:00am-Noon Metric Time Trials (choose two distances)  
 Noon-12:30pm Warm down & stretching  
 12:30pm-1:30pm Lunch (on your own)  
 1:30pm-2:00pm Warm up & stretching  
 2:00pm-4:00pm Dry land "Straight-Aways" (Slide board)  
 4:00pm-4:30pm Warm down & stretching  
 4:30pm-5:00pm Wrap up discussion  
 Rest of the day on your own

#### SUNDAY, October 30th

Check out of hotel  
 8:00am Arrive at Oval  
 8:30am-9:00am Warm up & stretching  
 9:00am-11:00am Long Track Ice  
 11:00am-11:30am Warm down & stretching  
 11:30am-Noon Wrap up discussion  
 Noon End of Camp-Flights out around 3 pm

#### Registration: Online:

Go To [www.utaholympiclegacy.org](http://www.utaholympiclegacy.org) , Click on Utah Olympic Oval - Sports - Speed Skating - Camps - Masters Camp - Register Now

#### Or send/Fax or E mail forms to:

The Utah Olympic Oval  
 C/O Derek Parra-Masters Camp 2016  
 5662 S. Cougar Lane  
 Kearns, UT 84118  
 Please make checks available to **The Utah Olympic Oval**

**\*\*\*\*\*Registration Deadline OCTOBER 12<sup>th</sup> \*\*\*\*\***

For administrative use only

Staple receipt copy to this form

Guest Services Representative:

Date:

Enrollment #:

# AGREEMENT TO USE UTAH OLYMPIC OVAL

*IMPORTANT: THIS IS A LEGAL DOCUMENT; PLEASE READ IN FULL AND UNDERSTAND BEFORE SIGNING.*

**You/your minor child (if applicable) may be hurt using the facilities and equipment of the Utah Olympic Oval (the "Sports Facilities"). If you are unwilling to assume all the risks of your/your minor child's use of the Sports Facilities, DO NOT sign this document, in which case you will NOT be authorized to use the Sports Facilities, and you will be refunded any monies you paid to use the Sports Facilities. If you sign this document BUT make any alterations to it, you are NOT authorized to use the Sports Facilities.**

**1. Assumption of Risks.** I, for myself or as the parent/legal guardian of the participating minor child whose name is listed below ("Participant"), wish to use the Sports Facilities and may engage in one or more sports, including without limitation: recreational skating, figure skating, hockey, speed skating, curling, and other recreational activities; and related use of training equipment including without limitation weight training equipment, hockey sticks, pucks, curling equipment, and other sporting equipment (collectively, the "Sports"), including any moving equipment or ice resurfacing machines. I understand that the Sports are high-speed action and adventure sports that involve many inherent risks and dangers, and that using the Sports Facilities or participating in the Sports may put me/my minor child at risk of serious injury or illness. These dangers include but are not limited to: collision with structures and devices; risk-creating weather conditions and variations in terrain; accidents by other users of the Sports Facilities; failure to follow safety procedures, or to stay within ability or control; limits or defects in the Sports Facilities. I am also aware that hazards may exist throughout the Sports Facilities, may be unmarked and occur without warning, and that helmets, safety equipment, proficiency checks, supervision and enforcement of rules do not and cannot guarantee my/my minor child's safety. I am/my minor child is able to perform the essential functions required to use the Sports Facilities and participate in the Sports and I am/my minor child is freely and voluntarily participating in the Sports and the use of the Sports Facilities, including use of any moving parts of equipment or ice resurfacing machines. I REPRESENT AND WARRANT THAT I HAVE READ AND UNDERSTOOD THIS DOCUMENT, AM OF SOUND MIND, HAVE LEGAL AUTHORITY, AND FREELY ACCEPT AND FULLY ASSUME THE RISK THAT I/MY MINOR CHILD CAN SUFFER PROPERTY DAMAGE, ILLNESS, SEVERE PERSONAL INJURY OR EVEN DEATH BY USING THE SPORTS FACILITIES OR PARTICIPATING IN THE SPORTS, not only the ways described above, but also in ways that are unknown and unexpected, even if I follow/my minor child follows instructions, training or advice.

**2. Consent to Medical Treatment, Consent to Use of Images, Etc.** If I am unable to consent at the time, due to injury, illness or absence, I hereby consent to administration of first aid and other emergency medical treatment for such injury or illness that occurs during my/my minor child's use of the Sports Facilities or participation in the Sports. I have/my minor child has adequate health insurance or resources to cover the costs of treatment in case of any such injury or illness. I agree to refrain/cause my minor child to refrain from and not to be impaired by the use of alcohol or any controlled substance (except as medically authorized) while using the Sports Facilities or participating in the Sports. I grant to the Utah Athletic Foundation ("UAF") and its assigns the right to use, reproduce, display, distribute and make derivative works, in any and all media, of my/my minor child's voice and likeness recorded while using the Sports Facilities or participating in the Sports and any biographical information furnished by me/my minor child to UAF. If any provision herein is found to be unenforceable, it shall not affect the validity of any other provision hereof.

**3. Waiver, Release and Indemnification.** I understand and agree that none of UAF, the State of Utah, Salt Lake County, the Utah Olympic Oval, Kearns Oquirrh Park Fitness Center; the U.S. Speedskating Association, USOC and the International Skating Union (collectively, the "Affiliates") or manufacturers, business entities, vendors or suppliers who in any way are connected to the Sports Facilities are insurers of my/my minor child's conduct. TO THE FULLEST EXTENT PERMITTED BY LAW, I HEREBY RELEASE, WAIVE, COVENANT NOT TO SUE, AND DISCHARGE THE AFFILIATES AND ALL OF THEIR TRUSTEES, DIRECTORS, MANAGERS, OFFICERS, EMPLOYEES, VOLUNTEERS, AGENTS AND REPRESENTATIVES (COLLECTIVELY, THE "RELEASEES") FROM ANY AND ALL LIABILITY, CLAIMS, DEMANDS, AND CAUSES OF ACTION WHATSOEVER ARISING OUT OF OR RELATED TO ANY LOSS, DAMAGE, OR INJURY, INCLUDING DEATH, THAT MAY BE SUSTAINED BY ME/MY MINOR CHILD OR LOSS OR DAMAGE TO ANY PROPERTY BELONGING TO ME/MY MINOR CHILD, WHETHER CAUSED BY THE NEGLIGENCE OF RELEASEES OR OTHERWISE, ARISING OUT OF OR RELATED TO MY/MY MINOR CHILD'S USE OF THE SPORTS FACILITIES OR PARTICIPATION IN THE SPORTS. I ALSO AGREE THAT, IN THE EVENT THAT ANY PERSON BRINGS ANY CLAIM OR ACTION INDIVIDUALLY OR ON BEHALF OF MY MINOR CHILD, RELATED TO ANY INJURY OR LOSS SUFFERED BY MY MINOR CHILD AS A RESULT OF MY MINOR CHILD'S USE OF THE SPORTS FACILITIES OR PARTICIPATION IN THE SPORTS, THAT I WILL INDEMNIFY THE RELEASEES AGAINST SUCH CLAIMS, INCLUDING PAYMENT OF ATTORNEY FEES. I AGREE THAT THIS DOCUMENT SHALL BIND MY GUARDIAN, ASSIGNS, HEIRS, ADMINISTRATORS AND EXECUTORS FOREVER. THIS RELEASE AND INDEMNIFICATION INCLUDES ANY CLAIMS THAT MAY BE FILED AGAINST THE RELEASEES WHEN MY MINOR CHILD REACHES THE AGE OF ADULTHOOD.

**Print name and Date of Birth of Participant:**

**Print name of Parent/Guardian if Participant is younger than 18  
Circle how related to Participant: Parent or Guardian**

Name: \_\_\_\_\_ D/O/B: \_\_\_\_\_

\_\_\_\_\_

**Signature of Participant:**

**Signature of Parent/Guardian (must sign if Participant is younger than 18):**

\_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_ Date: \_\_\_\_\_

**Phone number of Participant (or Parent/Guardian if Participant is younger than 18):** \_\_\_\_\_

**Mailing address of Participant (or Parent/Guardian if Participant is younger than 18):**